

Our services include:

- A monthly series of meetings
- Monthly toddler meetings
- Couples' meetings
- Lending Libraries
- Sale of books and pamphlets



Lending Libraries contain selected books and publications on breastfeeding, childbirth, nutrition and parenting. Speakers may be available upon request.

La Leche League of Metro Milwaukee help line offers a recorded listing of area Leaders available for help, encouragement and practical suggestions regarding breastfeeding and information about meetings.

**The help line phone number is:
(414) 297-9595.**

**When possible, call a Leader
during normal daytime hours.**

Since Leaders are volunteers and many have small children, they may need to return your call.

Our website address is: www.LLLofWI.org.

La Leche League is a member-supported organization. Voluntary membership is \$40.00 a year. This includes a online subscription to NEW BEGINNINGS, a La Leche League bi-monthly parenting magazine. A Supporting Membership without New Beginnings is \$25. Membership is tax deductible.

Members receive a discount on many purchases from local groups and at Wisconsin and International Conferences. Also there are discounts on registration for LLL of WI conferences.

Baby Slings

Baby Slings are available for purchase through these Groups:

- Brookfield AM & PM
- Germantown/Falls
- Kenosha
- Mequon/Ozaukee County
- Milwaukee West A.M.
- Milwaukee/Whitnall
- Waukesha



Nursing babies & young children who may be uncomfortable away from mom are always welcome at meetings.

An electronic version of this 2010 directory is available:
By email: LLL-MilwaukeeFlyer@LLLofWI.org
Online: <http://www.LLLofWI.org>.

Please feel free to copy this directory as needed.

2010

Breastfeeding? Or Considering It?



Photo by Susan Scott

*La Leche League can help
you get off to a good start.*



*La Leche League
of Metro
Milwaukee*

*Your source for accurate & current
breastfeeding information and
mother-to-mother support.*

Español: Ayuda para amamantar

What is La Leche* League?

LLL is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support and encouragement to women who want to breastfeed.

Founded in 1956, La Leche League is considered to be a worldwide authority on breastfeeding and is active in over 60 countries.

Our Health Advisory Council of 40-plus members has approved our information.

* pronounced "lay-chay"



What can La Leche League offer me?

- A continuous series of informal *monthly meetings* that are *free* and open to all women interested in breastfeeding. Women are encouraged to start or complete a series before their babies are born.
- Help from a trained La Leche League Leader who guides the discussion and answers questions as mothers share ideas and experiences.
- Monthly toddler meetings in Wauwatosa, as well as occasional couples' meetings at various Groups.
- Lending libraries containing current books and publications on breastfeeding, childbirth, nutrition, and parenting. Children's books are also available.
- Items for sale that include: books, pamphlets and great baby slings.
- Speakers may be available on request.

What are the monthly meeting topics?

1. Advantages of Breastfeeding for Mother & Baby
2. The Baby Arrives: The Family & the Breastfed Baby
3. The Art of Breastfeeding & Overcoming Difficulties
4. Nutrition and Weaning

LLL of Wisconsin Website – www.LLLofWI.org

Find information about continuing education opportunities and conferences for families, along with information about breastfeeding.

LLL International Website – www.lalecheleague.org

Read an article about breastfeeding, learn more about the organization, download a press release, fill out a help form or join a live chat. Our award winning site is packed with information for parents, health care providers, students, former members and the media.

The listed La Leche League Leaders are accredited volunteers who have nursed their babies and are trained to help other mothers with breastfeeding questions and problems. Feel free to contact any Leader for breastfeeding information or meeting location.



MILWAUKEE EAST A.M.

Meets every second Tuesday at 9:30 A.M.

Maggie 414-967-5746
Amy 414-421-0276

MILWAUKEE EAST P.M.

Meets every fourth Tuesday at 7:00 P.M.

Kelly 414-906-1552
Yael 414-963-9186

MILWAUKEE TODDLER

Meets every second Tuesday at 7:00 P.M.

Michelle 414-475-6931

MILWAUKEE WEST A.M.

Meets every second Monday at 9:30 A.M.

K.C. 414-916-1639
Natalie 414-630-9841

MILWAUKEE/WHITNALL

Meets every first Tuesday at 7:00 P.M.

Becca 262-299-1080
Jesi 414-545-4786

KENOSHA

Meets every third Monday at 6:30 P.M.

Michelle 262-654-1512
Claire 262-653-9259
Laura F. 262-764-4811

RACINE

Meets every second Tuesday at 10:00 A.M.

Graciela 262-598-9416
Shelly 262-770-0484

BROOKFIELD P.M.

Meets every first Thursday at 7:00 P.M.

Alyce 262-781-5505
Winnie 262-246-4811
Marcia 262-782-6814

BROOKFIELD/ELM GROVE A.M.

Meets every fourth Tuesday at 10:00 A.M.

Bonnie 262-781-0527
Lynn 262-789-0705

GERMANTOWN/FALLS

Meets every first Thursday at 9:30 A.M.

Amy 262-251-1637
Juli 262-820-3691

MEQUON/OZAUKEE COUNTY

Meets every third Monday at 7:00 P.M.

Amy 262-377-6194

WAUKESHA

Meets every second Friday at 9:30 A.M.

Wendy 262-896-7797
Limor 262-527-5009
Ann 262-549-1888

LLLoF Waukesha@yahoo.com

WEST BEND

Phone help only at this time

Molly 262-334-8025

Se habla Español

Graciela (en Racine) 262-598-9416
Materiales españoles disponibles de todos los Leaders.

