

Did you know?

Breastfed babies get sick less,
have fewer allergies, higher IQs,
and less risk of SIDS,
obesity or diabetes.

Breastfeeding moms have less risk
of cancer, anemia, osteoporosis,
and postpartum depression.

Families who breastfeed save money
and protect the environment.



***Breastfeeding
matters to
everyone!!***

Updated 2/2010

***Babies
are
Born
to
Breastfeed!***



Why La Leche League?

Breastfeeding is normal and natural; yet, it is a learned art.

With proper knowledge and support, most mothers can breastfeed their babies.

Breastfeeding?



**La Leche League
of Rock County**

***Free Breastfeeding
Support and
Information***

visit

www.LLofWi.org

For Support or Information,
Contact any Leader...

Janesville **Evening Group**

Leaders

Bobbi 608-359-9409
Margot 608-359-9541
Ali 608-295-9400
Marie 815-566-2324

Gathering

1st Thursday, 7- 8:30 pm
YWCA Community House
1735 S. Washington Street

Breastfeeding Café

Leader

Bobbi 608-359-9409

Gathering

2nd Friday, 10:30-noon
Mocha Moments
1121 Center Avenue

Toddler Group

Leader

Marie 815-566-2324

Gathering

3rd Tuesday of even months
10:30-noon
Basic's Community Room
1711 Lodge Drive



La Leche League offers

Free information & support

via Telephone, E-mail, Appointment, and
Monthly meetings & playgroups

Who is La Leche League?

We are mothers helping mothers:

New moms, Experienced moms, Working
moms, Stay-at-home moms.

For further information visit

www.LLofWi.org

1-877-4LaLeche



www.llli.org

Beloit **Evening Group**

Leaders

Jana 608-295-9885
Ali 608-295-9400
Sandy 608-754-1803

Gathering

1st Monday, 6:30-8 pm
First Presbyterian Church
501 Prospect Street

Breastfeeding Café

Leader

Jana 608-295-9885

Gathering

3rd Saturday, 10:30-noon
Nikki's Café
604 Pleasant Avenue

Ayuda en Español

Jana 608-295-9885

Find us on Facebook:
Rock County La Leche
League

Join our Yahoo! group for
support and information:
LLLRockCounty@yahoo.com