

## *Did you know?*

**Breastfed babies** get sick less,  
have fewer allergies, higher IQs,  
and less risk of SIDS,  
obesity or diabetes.

**Breastfeeding moms** have less risk  
of cancer, anemia,  
or osteoporosis.

**Families** who breastfeed save money  
and protect the environment.



***Breastfeeding  
matters to  
everyone!!***

***Babies  
are  
Born  
to  
Breastfeed!***



### ***Why La Leche League?***

Breastfeeding is normal and natural; yet, it is a *learned* art.

With proper knowledge and support, most mothers can breastfeed their babies.

# **Breastfeeding?**



**Fox Cities Area  
La Leche League**

***Free Breastfeeding  
Support and  
Information***

*visit*

**[www.LLofWi.org](http://www.LLofWi.org)**

**For Support or Information,  
Contact any Leader...**

### **Adoptive Breastfeeding**

Mindy 920-430-8776/pnkmndy@aol.com

### **Appleton**

#### **Leaders**

Maggie H:920-574-2270/C:920-279-0031

Sara sarapedersonlll@gmail.com

Alice hoffma192gmail.com

#### **Gatherings**

1<sup>st</sup> Saturdays, 9a, Apple Valley Church

3<sup>rd</sup> Mondays, 7p, All Saints Church

Last Tuesdays, 10a, All Saints Church

### **Neenah/Menasha**

#### **Leaders**

Liz 610-996-8715/e.spencer.Schultz@gmail.com

Karla 920-882-9824/bubonismater@aol.com

Katherine katherinee.freund@gmail.com

#### **Gatherings**

2<sup>nd</sup> or 3<sup>rd</sup> Tuesday, 10a, Toddler Group,  
check FACEBOOK

2<sup>nd</sup> Wednesdays, 10a, Mom and Pop Place

2<sup>nd</sup> or 3<sup>rd</sup> Sunday 3pm, check FACEBOOK

### **Sherwood**

#### **Leaders**

Claire 920-202-2441

Jeni 920-359-0375

#### **Gatherings**

4th Fridays. 10a. Sherwood Village Office



### **La Leche League offers**

**Free** information & support

via Telephone, E-mail, Appointment, and  
Monthly playgroups

### **Who is La Leche League?**

We are mothers helping mothers:

New moms, Experienced moms, Working  
moms, Stay-at-home moms.

**For further information visit  
[www.LLofWi.org](http://www.LLofWi.org)**

1-877-4LaLeche



[www.llli.org](http://www.llli.org)

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### **Fond du Lac**

**Leader** Amanda 715-579-6205

[inmommyheaven@yahoo.com](mailto:inmommyheaven@yahoo.com)

#### **Gatherings**

3rd Thursdays, 10a, Faye's Fun n Learning

### **Green Bay/Tri-County**

**Leader** Linsey

920-265-1518/greenbayleader@yahoo.com

#### **Gatherings**

3rd Thursday's, 6p, A Woman's Place

### **New London**

#### **Leaders**

Samantha (New London)

920-540-0094/lllsamantha01@gmail.com

Sherri 920-585-1081

#### **Gatherings**

3rd Mondays, 9:30a, BABES of New London and  
Last Wednesday's 9:30a, Greenville,

**\*Supplies for Sale\***: Hands free pumping bras,  
Medela Accessories, Lactina Rental.  
Contact Samantha for information.

### **Oshkosh**

#### **Leaders**

Heidi 920-379-7927

Vanessa 920-385-1342

#### **Gatherings**

1<sup>st</sup> Mondays, 6p, YMCA

1<sup>st</sup> Wednesdays, 10a, Labor Hall, Oregon, St.

2<sup>nd</sup> Wednesdays, 3:30p, Toddler Enrichment, Library