

LLL of Wisconsin 2009 Continuing Education Event Behavioral Objectives

Using Medications in Breastfeeding Mothers

- Describe the transmission of drugs into breastmilk and how to breastfeed away from peak levels.
- Provide information on continuing breastfeeding after diagnostic procedures.
- Provide skills on communicating with health care providers.

Numbers on Demand

- Outline how the numbers are muddling our thinking about breastfeeding .
- Discuss what to expect from newborns and older infants when they are breastfeeding.
- Explain when to intervene and when not to intervene in issues such as slow weight gain.

Anesthetic and Epidural Medications in Breastfeeding Mothers

- Describe the transmission of drugs into the fetus and the consequences of prenatal medications.
- Provide information on continuing breastfeeding after prenatal anesthetic/analgesic medications.
- Provide skills on determining the timing of administration of medications and their likely impact on breastfeeding following anesthesia.

The First Hour

- Discuss why interventions in labour and birth are being used far too often and unnecessarily.
- Describe why many interventions are thought to be normal in a “medicalized” society.
- Discuss how various interventions interfere with breastfeeding.
- Demonstrate if a baby is latched on well, drinking well (or not) even in the first few days.
- Discuss what is normal for the exclusively breastfed baby in the first few days.

Demonstrate an understanding of the issue of hypoglycemia and have an approach to how one

Antidepressant Medications and Breastfeeding

- Describe the clinical symptoms and pathogenesis of depression.
- Provide information on the best use of antidepressants in this syndrome.
- Evaluate the problems associated with antidepressant use.

Controversies in Breastfeeding I (Friday Evening Session)

- Discuss why artificial baby milk does not equal breastmilk.
- Discuss why an early start and skin-to-skin care is important in promoting breastfeeding success.
- Learn that breastfeeding can be made or unmade—that it doesn't just work or not work.

Pharmacotherapy in Breastfeeding mothers

- Describe the treatment of various syndromes with medications best for breastfeeding mothers and infants.
- Learn to evaluate infants, those more or less susceptible, to various drug treatment regimens.
- Evaluate the problems associated evaluating medication use in various types of breastfeeding mothers.
- Evaluate drugs of abuse, and provide counseling concerning breastfeeding following their use.

Pharmacology of Prolactin

- Describe the basic secretion of prolactin in breastfeeding mothers.
- Describe the implication of prolactin in breastmilk production.
- Evaluate levels of prolactin and their likely importance in lactation.

Controversies in Breastfeeding II

- Discuss why supplementation of artificial baby milk in the first few days is not a benign act.
- Identify that there is such a thing as nipple confusion, but it is not the babies who are confused.
- Identify the basics of how breastfeeding works.