

**WISCONSIN NURSES ASSOCIATION
CONTINUING EDUCATION APPROVAL PROGRAM (CEAP) COMMITTEE**

DOCUMENTATION FORM (FOR PRESENTER-DIRECTED ACTIVITIES)

TITLE OF EDUCATIONAL ACTIVITY: Biology and Ethics of Breastfeeding

TITLE OF INDIVIDUAL SESSION/MODULE: Breasts & Nipple Evaluation: Working Around Problems

Educational Objectives <i>By the end of this presentation the participant will be able to:</i>	Content Outline	Time Frame	Teaching/Learning Strategies	Presenter/Content Specialist
<p>1. Describe normal aspects of the breast, nipple & areola.</p> <p>2. Name two unusual breast structures and a plan to facilitate breastfeeding.</p> <p>3. List two unusual nipple or areolar structures and a plan to facilitate breastfeeding.</p>	<p>I. Normal External Anatomy A. Breast B. Areola C. Nipple</p> <p>II. Unusual Breast Structures A. Amastia B. Micromastia C. Hypomastia D. Macromastia E. Hyperplasia F. Hypermastia G. Athelia H. Aplasia I. Hyperadenia J. Galactocele K. Pyogenic granuloma L. Anistomastia M. Symmastia</p> <p>III. Unusual Nipple & Areolar Structures A. Flat Nipple B. Inverted Nipple C. Atonic Nipple D. Redundant Nipple E. Bifid Nipple F. Long Nipple G. Hyperelastic Nipple H. Hyperthelia I. Polythelia</p>	<p>1:15 – 1:20 PM</p> <p>1:20 – 1:40 PM</p> <p>1:40 – 2:00 PM</p>	<p>Lecture, PowerPoint, Discussion</p> <p>Lecture, PowerPoint, Discussion</p> <p>Lecture, PowerPoint, Discussion</p>	<p>Kittie Frantz, RN, CPNP</p> <p>Kittie Frantz, RN, CPNP</p> <p>Kittie Frantz, RN, CPNP</p>

<p>4. State one concern of breast surgery and a plan to facilitate breastfeeding.</p> <p>Question & Answer</p>	<p>J. Athelia K. Microthelia L. Macrothelia M. Megaareola N. Microareola O. Trunk Breast</p> <p>IV. Surgical Alterations A. Augmentations B. Reduction Mammoplasty C. Lumpectomy</p> <p>Participant Question & Answer</p>	<p>2:00 – 2:10 PM</p> <p>2:10 – 2:15 PM</p>	<p>Lecture, PowerPoint, Discussion</p>	<p>Kittie Frantz, RN, CPNP</p>
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DOCUMENTATION FORM (FOR PRESENTER-DIRECTED ACTIVITIES)

TITLE OF EDUCATIONAL ACTIVITY: Biology and Ethics of Breastfeeding

TITLE OF INDIVIDUAL SESSION/MODULE: The First 72 Hours

Educational Objectives <i>By the end of this presentation the participant will be able to:</i>	Content Outline	Time Frame	Teaching/Learning Strategies	Presenter/Content Specialist
1. Describe the AAP's guideline for breast feeding in the delivery room and the first 24 hours.	I. The first 24 Hours A. The two hours after delivery B. Transition for the 1 st 12 hours C. The "back pack" & what babies take in	10:45 – 11:08 AM	Lecture, PowerPoint, Discussion, Video	Kittie Frantz, RN, CPNP
2. List the infant's feeding patterns in the second 24 hours to bring in the milk supply early.	II. The second 24 hours A. Frequency, duration, & cluster feeds B. Babies ARE night people	11:08 – 11:31 AM	Lecture, PowerPoint, Discussion, Video	Kittie Frantz, RN, CPNP
3. Identify the neurological components of how baby attaches himself to the breast that would encourage the reluctant nurser, prevent engorgement, relieve sore nipples and encourage good milk production.	III. The third 24 hours A. Baby-led: Laid Back breastfeeding used to correct sore nipples and assist the reluctant nurser B. Milk coming in and engorgement prevention C. Evaluating milk supply	11:31 – 11:54 AM	Lecture, PowerPoint, Discussion, Video	Kittie Frantz, RN, CPNP
4. Name two strategies in discharge planning that will encourage breast feeding success	IV. Discharge planning A. The plan B. Is it the pee or the poop that matters the most? C. The passage (swallows)	11:54 - 12:05 PM	Lecture, PowerPoint, Discussion, Video	Kittie Frantz, RN, CPNP
Questions & Answers	D. The pediatrician at 24 to 48 hours after discharge	12:05 – 12:15 PM		Kittie Frantz, RN, CPNP

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DOCUMENTATION FORM (FOR PRESENTER-DIRECTED ACTIVITIES)

TITLE OF EDUCATIONAL ACTIVITY: Biology and Ethics of Breastfeeding

TITLE OF INDIVIDUAL SESSION/MODULE: History of Attachment

Educational Objectives <i>By the end of this presentation the participant will be able to:</i>	Content Outline	Time Frame	Teaching/Learning Strategies	Presenter/Content Specialist
1. Discuss the evolution of facilitating attachment theories	I. Attachment theories over the years. What do we know? A. Holding the baby B. Holding the breast C. The mouth open wide D. The asymmetrical latch E. Reclining the mother for comfort	2:15 – 2:35 PM	Lecture, PowerPoint, Discussion, Video	Kittie Frantz, RN, CPNP
2. List two teaching strategies that you can use to assist the mother to facilitate the baby's progress to the breast for attachment	II. Setting up the environment for the mother to allow the baby to take the lead A. Preserving dignity in making changes B. Where? The hospital bed or Chair. Home C. Skin-to-skin D. Reclining	2:35 – 2:55 PM	Lecture, PowerPoint, Discussion, Video	Kittie Frantz, RN, CPNP
3. Name two reflexes baby uses to find the breast and attach himself	III. Watch baby do it! How he uses his reflexes.	2:55 – 3:05 PM	Lecture, PowerPoint, Discussion, Video	Kittie Frantz, RN, CPNP
Questions & Answeres		3:05 – 3:15 PM		Kittie Frantz, RN, CPNP

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